

INTERLAKEN



Interlaken lies in the Bernese Oberland on an alluvial plain, between Lake Thun and Lake Brienz. The vacation destination, which is presided over by the three mighty mountains, Eiger, Mönch and Jungfrau, is the starting point for numerous activities.

By the beginning of the 19th century Interlaken in the Bernese Oberland had already become renowned for its impressive mountain scenery. Famous contemporaries such as Johann Wolfgang von Goethe and Felix Mendelssohn traveled in these mountains. Interlaken's success as a tourist destination was further enhanced by the completion of the Bernese Oberland Railway in 1890 and the Jungfrau Railway in 1912. As a vacation destination and convention location of international importance, Interlaken is an ideal starting point for countless excursions. Over 45 mountain railways, cable cars, chair lifts and ski lifts lead to 200 kilometres of pistes and a dense network of hiking trails. Excursion ships, including historic paddle steamers, ply the waters of Lake Thun and Lake Brienz.

GENERAL INFO:

Population: 5,692 inhabitants

Language spoken: German

HOW TO GET THERE:

- Geneva Airport - Trains depart every half an hour, transfer time is less than three hours, www.gva.ch
- Zurich Airport - Trains depart every half an hour, transfer time is around 2 hours and 15 minutes, www.flughafen-zuerich.ch
- EuroAirport Basel Mulhouse Freiburg – Trains depart every half an hour, transfer time is less than 2 hours and 30 minutes, www.euroairport.com
- Interlaken Tourism, Höhweg 37, Postfach 369, 3800 Interlaken, T. +41 (0)33 826 53 00, F +41 (0)33 826 53 75, mail@interlaketourism.ch, www.interlaken.ch

OPENING HOURS:

- Shops/shopping Monday - Friday: 8 am – 12 noon and 1.30 pm – 6.30 pm Saturday: 8 am - 4 pm
- Banks and currency exchange Monday - Friday: Banks: 8.30/8 am - 12 noon / 1.30/1.45 pm – 5/6 pm
- Saturday: Banks closed / Currency exchange: 8.30 am – 11 am
- Interlaken on youtube: <https://www.youtube.com/watch?v=UWY1WUtb0Jo>

HIGHLIGHTS

- **Schynige Platte near Wilderswil** – nostalgic rack-railway, fascinating view of Eiger, Mönch and Jungfrau, Alpine garden with about 500 plant species and a lot of hiking possibilities.
- **Jungfrauoch and Schilthorn** – the rides by rack-railway to the highest railway station in Europe and the cableway to the Piz Gloria revolving restaurant: two top mountain experiences in the Bernese Oberland.
- **Harder Kulm** – a cableway takes passengers up to Interlaken’s „house mountain“ which affords a view of the health resort and the whole Jungfrau region. The Alpine wild animal park near the valleystation is an experience for children.
- **Heimwehfluh** – a nostalgia funicular provides transport to the vantage terrace with a restaurant, all-weather toboggan run, model railway display and large playground.
- **Jungfrau Tourism Museum in Unterseen** – the regional tourism museum shows 200 years of tourism in the Jungfrau region.
- **St. Beatus Caves** – one kilometre of lit limestone caves with stalagmites, impressive halls and waterfalls accessible by boat, car, bus or on foot on the historic pilgrims way.
- **JungfrauPark** – explore the world’s great mysteries.
- **Magic ice-skating experience** – from mid-December to late February the center of Interlaken transforms into a winter wonderland.

RESTAURANTS

• WineArt

Part wine bar, part lounge, part restaurant and part deli, WineArt has a stylish, sleek ambience with dark wood floors, luminous chandeliers and artful décor. With over 600 wines, it’s sure to satisfy. Not to mention you can pair their wide selection with delicious yet simple Mediterranean food such as buffalo mozzarella, rocket salad, corn-fed chicken or honey-glazed vegetables.

Jungfraustrasse 46, Interlaken, T +41 (0)33 823 73 74

• La Terrasse

Acclaimed by the Michelin Guide as brimming with ‘crystal lighting and elegant marble floors,’ La Terrasse serves up exquisite French and international cuisine that will have you questioning if you’re really in Interlaken. Try Chef Lukas Stalder’s innovative dishes such as roasted scallops with lemon verbena kefir seasoned with cherries and liquorice salt. The restaurant features live piano music, unique taste combinations and an indulgent atmosphere. Definitely on the fancier and pricier side, come dressed in your best and enjoy all the luxuries La Terrasse has to offer inside the beautiful Grand Victoria Jung-Frau Hotel. If you happen to visit on a warm day, dine outside on the stunning restaurant terrace under the Alps and the stars overlooking the beautiful park (and paragliding landing site!).

Höheweg 41, Interlaken, T +41 (0)33 828 28 28

• Goldener Anker

For cozy vibes with sunflower adorned tables, dim lighting, and wonderful service, go to the Goldener Anker and enjoy an amazing Swiss meal (with everything from Barolo wine to classic fondue) that you would swear was home cooked. If your palate is craving some adventure to mirror the plethora of outdoor activities, the international options like sizzling fajitas, red snapper, or ostrich steaks are sure to please. The Anker is also a great choice if you’re in the mood for some live music too.

Marktgasse 57, Interlaken, T +41 (0)33 822 16 72

• Belvédère Brasserie

This Swiss restaurant is situated on Main Street. Called upbeat and modern, Belvédère Brasserie offers great views of Jungfrau from the terrace, as you gorge yourself on veal in merlot sauce or Swiss classics like fondue and rösti (tip: try the Berner Rösti). Attached to Hapimag, the Brasserie offers a wide range of dishes and live performances depending on the night.

Höheweg 95, Interlaken, T +41 (0)33 828 91 00

SHOPPING

Interlaken is a great Swiss shopping destination, famous for its wide collections of souvenirs, watches, chocolate, and sports equipment.

